

WEEKLY SHOPPING LIST FOR 1 PERSON

QUANTITY	ITEM	INDICATIVE PRICE
PRODUCE		
1 PACK	BOBBY BANANAS	3.49
1KG	ROYAL GALA APPLES	3.49
1 HEAD	BROCCOLI	1.49
1KG	CARROTS	1.89
1KG	BROWN ONIONS	0.99
1 HALF	GREEN CABBAGE	1.39
BUTCHERY		
1.1KG	HERB & GARLIC BUTTERFLY CHICKEN	9.99
300G	PREMIUM BEEF MINCE	5.10
300G	BEEF SCOTCH STEAK	8.10
1KG	CHICKEN DRUMSTICKS	3.79
BAKERY		
1 LOAF	SOYA LINSEED BREAD	3.30
DAIRY & EGGS		
1 x 6 PACK	EGGS, SIZE 7	2.49
1L	STANDARD MILK	2.28
FROZEN FOODS		
1KG	MIXED VEGES	2.69
BREAKFAST CEREALS		
1 x 375G BOX	WEET-BIX	3.49
CANNED & PREPARED FOODS		
2 x 400G CAN	DICED PLAIN TOMATOES	1.70
2 x 400G CAN	RED KIDNEY BEANS	1.98
1 x 375G BAG	WHOLE RED LENTILS	1.99
HOT DRINKS		
1 x 100G BAG	INSTANT COFFEE	4.79
PASTA, RICE & NOODLES		
1KG	LONG GRAIN WHITE RICE	1.79
TOTAL:		66.22

All prices in this shopping list are indicative only. Prices were taken from PAK'nSAVE Mt Albert's online shop on 20 November 2020. Prices will vary depending on seasonality, sales and demand. Products, prices and limits may also vary between store.

PAK'nSAVE