

WEEKLY SHOPPING LIST ON A \$150 BUDGET

QUANTITY	ITEM	INDICATIVE PRICE
PRODUCE		
4	TELEGRAPH CUCUMBER	6.00
15	BANANAS	7.38
1KG	ROYAL GALA APPLES	3.49
2	BROCCOLI	2.50
1KG	CARROTS	1.89
1KG	BROWN ONIONS	0.99
1KG	WHITE WASHED POTATOES	2.29
1 HALF	GREEN CABBAGE	1.39
2 x 250G PUNNET	CHERRY TOMATOES	5.98
2 x 300G BAG	MESCLUN LEAVES	10.98
BUTCHERY		
1.1KG	HERB & GARLIC BUTTERFLY CHICKEN	9.99
2 x 450G PACK	FRESH PORK SAUSAGES	13.98
600G	PREMIUM BEEF MINCE	10.19
500G	BEEF RUMP STEAK	12.50
700G	CHICKEN BREAST	7.69
BAKERY		
1 LOAF	SOYA LINSEED BREAD	3.30
DAIRY & EGGS		
12PK	EGGS	2.99
3 x 2L	STANDARD MILK	6.74
FROZEN FOODS		
700 GRAMS	POTATO ROASTERS	3.89
BISCUITS & CRACKERS		
1 PACK	CHOCOLATE CHIP BISCUITS	2.00
1 PACK	HUNDREDS & THOUSANDS	2.00
BREAKFAST CEREALS		
1.2 KG	WEET-BIX	6.49
CANNED & PREPARED FOODS		
3 x 400G CAN	DICED PLAIN TOMATOES	2.55
3 x 185G CAN	TUNA IN SPRING WATER	8.37
2 x 400G CAN	RED KIDNEY BEANS	1.98
BREAKFAST CEREALS		
310G	MILO	3.99
100G	COFFEE	4.79
PASTA, RICE & NOODLES		
1KG	BASMATI RICE	3.50
TOTAL:		150.83

All prices in this shopping list are indicative only. Prices were taken from PAK'nSAVE Mt Albert's online shop on 20 November 2020. Prices will vary depending on seasonality, sales and demand. Products, prices and limits may also vary between store.

PAK'nSAVE