

# WEEKLY SHOPPING LIST ON A \$200 BUDGET

QUANTITY	ITEM	INDICATIVE PRICE
<b>PRODUCE</b>		
2	TELEGRAPH CUCUMBER	3.00
15	BANANAS	7.38
1 KG	ROYAL GALA APPLES	3.49
2	BROCCOLI	2.50
1 KG	CARROTS	1.89
1 KG	BROWN ONIONS	0.99
1 KG	WHITE WASHED POTATOES	2.29
1 HALF	GREEN CABBAGE	1.39
2 x 250G PUNNET	CHERRY TOMATOES	5.98
2 x 300G BAG	MESCLUN LEAVES	10.98
1 KG	RED KUMARA	3.99
<b>BUTCHERY</b>		
1.1 KG	HERB & GARLIC BUTTERFLY CHICKEN	9.99
2 x 450G PACK	FRESH PORK SAUSAGES	13.98
600G	PREMIUM BEEF MINCE	10.19
500G	BEEF RUMP STEAK	12.50
700G	CHICKEN BREAST	7.69
400G	LAMB LEG STEAKS	11.20
<b>BAKERY</b>		
2 LOAVES	SOYA LINSEED BREAD	6.60
<b>DAIRY &amp; EGGS</b>		
12PK	EGGS	2.99
3 x 2L	STANDARD MILK	6.74
<b>FROZEN FOODS</b>		
1	FROZEN FAMILY PIE	7.99
700G	POTATO ROASTERS	3.89
500G	PRAWN CUTLETS	11.99
<b>BISCUITS &amp; CRACKERS</b>		
1 PACK	CHOCOLATE CHIP BISCUITS	2.00
1 PACK	HUNDREDS & THOUSANDS	2.00
<b>BREAKFAST CEREALS</b>		
1.2 KG	WEET-BIX	6.49
<b>CANNED &amp; PREPARED FOODS</b>		
3 x 400G CAN	DICED PLAIN TOMATOES	2.55
3 x 185G CAN	TUNA IN SPRING WATER	8.37
3 x 400G CAN	RED KIDNEY BEANS	2.97
1 x 400ML	COCONUT MILK	2.20
<b>HOT DRINKS</b>		
310G	MILO	3.99
100G	COFFEE	4.79
<b>BREAKFAST CEREALS</b>		
310G	MILO	3.99
100G	COFFEE	4.79
<b>PASTA, RICE &amp; NOODLES</b>		
1KG	BASMATI RICE	3.50
200G	VERMICELLI	1.19
<b>WORLD FOODS</b>		
1 PK	SOFT TACO KIT	6.39
1 x 227G JAR	LAKSA PASTE	3.29
<b>TOTAL:</b>		<b>199.36</b>

All prices in this shopping list are indicative only. Prices were taken from PAK'nSAVE Mt Albert's online shop on 20 November 2020. Prices will vary depending on seasonality, sales and demand. Products, prices and limits may also vary between store.

**PAK'nSAVE**